



Los Altos High School

January 27, 2022



LEARNERS



THINKERS



COMMUNICATORS

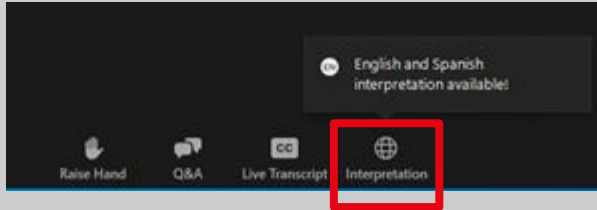


CITIZENS

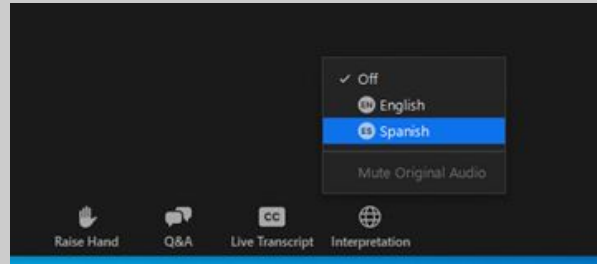


Interpretation

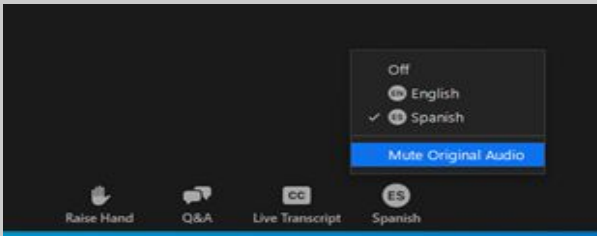
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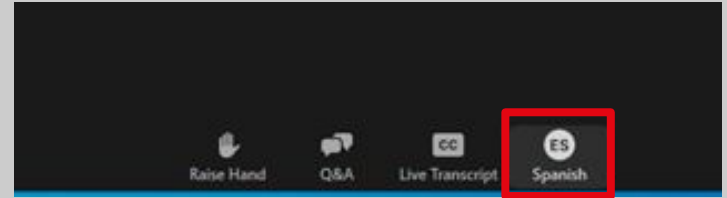
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¡Listo!



Agenda for the Evening

- Welcome from Wynne Satterwhite
- Introductions
 - Administration
 - Athletics Director
 - MVLA Foundation
 - PTSA
 - Athletic Boosters
 - Instrumental Music Boosters
- Counseling Department - Presentation
- Department Coordinators
- FAQ
 - Special Education Coordinator - Erica Starks & Kristin Castillo
 - (zoom link: <https://mvla-net.zoom.us/j/96409301568>)
 - Registrar - Elena Baquero & Suzanne Woolfolk
 - (zoom link: <https://mvla-net.zoom.us/j/96933984793>)
 - Families will be able to ask question in Q&A Box during presentation
 - Administration will highlight questions asked in the Q&A box



Administrative Team



**Fabian
Morales**



**Galen
Rosenberg**



**Wynne
Satterwhite**



**Kristin
Castillo**



**Suzanne
Woolfolk**



MVLA Foundation

Laura Schmidt

Treasurer, MVLA Foundation

The MVLA Foundation provides a valuable piece to the education funding puzzle, and works in tandem with the district, PTSA and booster groups to ensure our students are offered a full range of educational and extracurricular opportunities.

The Foundation has been a consistent, reliable and growing source of funding to the district for over 35 years.





PTSA

Jen Denebeim

- Provide funding and/or volunteers for Freshman Orientation Lunch, Staff Appreciation, STEAM Week, Pizza Cart & Snack Bar, Grad Night and more!
- Get involved and find out what is happening at school
- Join us for our next meeting on March 1st at 7 pm
- Instagram: [@lahs_ptsa](#)
- Info on our web page: <https://lahs.mvla.net/ParentsStudents/PTSA>



Join us for the LAHS

PTSA MEETING

Tuesday, March 1, 2022

7 pm, Location TBD

Agenda on LAHS website

Questions?
email lahsptsacomm@gmail.com





Athletic Boosters

Angela Player & Valerie Cairns



We encourage Parents to join it group comprised of parents, grandparents, community the Athletic Boosters, a non-profmembers, alumni, and teachers.

We strive to support our athletic teams through the purchase of uniforms, equipment, and coaches training.

Fundraisers throughout the year include: Pumpkin Patch, Tree Lot, Membership and more...

To join please go to the Athletic Booster website for details.

<https://lahsathleticboosters.org/>



Instrumental Music Boosters

Chris Hondl

Parent group providing financial and volunteer support to all instrumental music ensembles.

Consider encouraging your student to join Marching Band & Color Guard. Become part of a community from Day 1 of high school - no prior music experience required!

Contact us to learn more and receive announcements before next year

MusicBoostersLAHS@gmail.com





Athletic Director

Michelle Noeth
CAA

michelle.noeth@mvla.net





Athletic Information

8th Grade/Transfer Student Information Night

**MAY 3rd, 2022
6pm via zoom**

**Registration for 2022-2023 Athletics opens
June 6, 2022**

Summer sessions for sports will be posted in May

FALL SPORTS BEGIN IN AUGUST

Stay up to date by visiting our athletic website for announcements

WELCOME!



LAHS SCHOOL COUNSELING TEAM

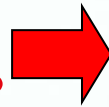
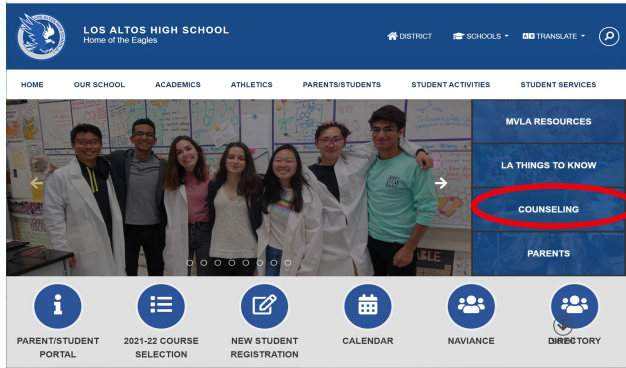




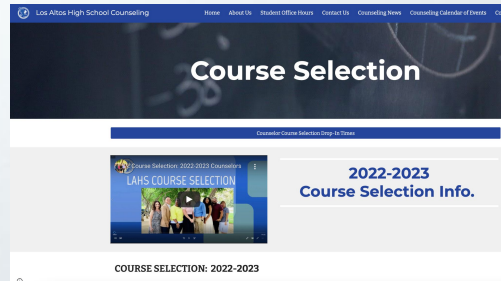
TONIGHT . . .

- **PREVIEW OF STUDENT MIDDLE SCHOOL PRESENTATION TAKING PLACE NEXT WEEK**
- **FOCUS ON COURSE SELECTION AND TRANSITION TO HIGH SCHOOL**
- **PRESENTATION WILL BE POSTED IN THE COMING DAYS ON THE [LAHS COUNSELING WEBSITE](#)**

LAHS WEBSITE & COUNSELING PAGE: LAHS.MVLA.NET



- [LAHS INCOMING 9TH GRADER HELPFUL COURSE SELECTION LINKS](#)



LAHS GRADUATION REQUIREMENTS



- TO GRADUATE FROM LOS ALTOS HIGH SCHOOL STUDENTS MUST COMPLETE **220 TOTAL CREDITS** IN SPECIFIC SUBJECT AREAS
- STUDENTS WILL CREATE A 4-YEAR PLAN WITH THEIR SCHOOL COUNSELOR IN 9TH GRADE DURING THEIR COUNSELING APPOINTMENT TO MAP OUT HIGH SCHOOL & COLLEGE REQUIREMENTS IN DETAIL IN THEIR SPRING SEMESTER

1 SEMESTER = 5 CREDITS (PER COURSE)



LAHS GRADUATION REQUIREMENTS

- ENGLISH 40 CREDITS (4 YEARS)
- SOCIAL STUDIES 35 CREDITS (3.5 YEARS)
- MATHEMATICS 20 CREDITS (2 YEARS)
- SCIENCE 20 CREDITS (2 YEARS)
- WORLD LANGUAGE/VISUAL ARTS/PRACTICAL ARTS 20 CREDITS (2 YEARS – ANY COMBINATION)
- PHYSICAL EDUCATION 20 CREDITS (2 YEARS)
- HEALTH 5 CREDITS
- ELECTIVES 60 CREDITS

TOTAL CREDITS = 220



SELECTING FRESHMAN COURSES

- 9TH GRADERS MAY TAKE 6 OR 7 CLASSES
- A TYPICAL SCHEDULE LOOKS LIKE THE FOLLOWING:
 - SURVEY COMPOSITION/LITERATURE (ENGLISH)
 - WORLD STUDIES (HISTORY)
 - GR 9 PE
 - MATH (ALGEBRA 9/ALGEBRA WITH SKILLS/GEOMETRY/GEOMETRY H/ALGEBRA II/ALGEBRA II H)
 - SCIENCE (ENVIRONMENTAL SCIENCE/BIOLOGY/BIOLOGY H)
 - WORLD LANGUAGE
 - ELECTIVE OR ACADEMIC SUPPORT CLASS (ALG I, SURVEY)





MATH & LANGUAGE PLACEMENT

- REFER TO MVLA MATH PLACEMENT SEQUENCE IN THE [LAHS COURSE CATALOG](#) (PAGE 27)
- DISTRICT MATH INFORMATION NIGHT: **FEBRUARY 10TH** - REGISTER [HERE](#)
- IN-PERSON MANDARIN PLACEMENT TEST: **FEBRUARY 9TH** - REGISTER [HERE](#)

COURSE SELECTION FORM



LOS ALTOS HIGH SCHOOL
9TH GRADE
COURSE SELECTION WORKSHEET

Print (Last), (First)
STUDENT NAME: _____

CURRENT SCHOOL: _____
Special Edu _____ 504 Plan _____

HIGHLIGHT YOUR CHOICES BELOW ● = denotes a course recognized by UC as meeting an "a-g" requirement
 + = denotes a course that is given weighted credit by UC * = semester length course (aud) = audition required
 @ = pending UC approval

Required Courses	Additional Courses	Athletics	Special Programs
SOCIAL STUDIES COURSES	WORLD LANGUAGE	FALL	SPECIAL EDUCATION
● World Studies – EC1010	● Spanish I – FC2010	Frosh Football – QO1010	SAI Wid Hist/Geo – MO1040
	● Spanish II – FC2011	Frosh B Water Polo – QO1040	SAI English I – MO1031
	● Spanish II for Sp Speakers – FC2111	Frosh G Water Polo – QO1043	SAI Reading – MO1030
	Lev II class for native Spanish Speakers.	Frosh XC Co-ed – QO1030	SAI Pre-Algebra – MO1010
	● Spanish II Honors – FB2012	Frosh G Field Hockey – QO1020	SAI Algebra 1.1 – MO1012
ENGLISH COURSES	● Spanish III – FC2013	Frosh G Volleyball – QO1050	SAI Algebra 1.2 – MO1013
● Survey Comp/Literature - DC1010	● Spanish III H for Sp Speakers – FB2111	Frosh G Tennis – QO1060	SAI Algebra – MO1011
Survey Skills – DI1010	Lev III class for native Spanish Speakers.	Frosh G Golf – QO3143	SAI Geometry – MO1014
(support class taken with DC1010 if recommended)	● Spanish III Honors – FB2014	WINTER	SAI Science I – MO1020
	● French I – FC1010	Frosh B Soccer – QO2020	SAI Study Skills – MO1120
MATH COURSES	● French II – FC1011	Frosh G Soccer – QO2023	SAI Study Skills T – MO1130
● Algebra 9 – AC1010	● French III – FC1012	Frosh B Basketball – QO2010	Learning Skills – MI2000
● Algebra I with skills – AI1210	● French III Honors – FB1013	Frosh G Basketball – QO2013	Survey Skills 2 – MI2100
(Double period support math class – 10 math credits for Algebra I and 10	● Latin I – FC3010	Frosh Wrestling – QO2030	
	● Mandarin Chinese I – FC5010		
			PRACTICAL ARTS

MARK THE COURSES FOR WHICH YOU PLAN TO ENROLL & USE THIS SHEET AS A GUIDE WHEN REGISTERING FOR CLASSES IN SIS ACCOUNT



TIME MANAGEMENT WORKSHEET

Los Altos High School

*This form is to help students select their courses and calculate how they utilize their time each week.
There is a total of 168 hours per week.*

*Students typically spend 36 hours in classes per week
LAHS College Prep courses have an average of 2-3 hours of homework per week;
AP and Honor's Courses have an average of 4-5 hours of homework per week.*

	Current course	Fall 2021 Grade	Proposed Course (22-23)	Anticipated Hours of Homework per week
English				
Social Studies				
Math				
Science				
World Language				
Elective				

PLEASE TALK WITH YOUR STUDENT ABOUT CREATING A BALANCED SCHEDULE BETWEEN ACADEMICS, EXTRACURRICULAR ACTIVITIES, AND SELF CARE!



NEW STUDENT REGISTRATION

- INFORMATION ON HOW TO SET UP A STUDENT AND PARENT 'STUDENT INFORMATION SYSTEM' (SIS) ACCOUNT AND A STUDENT MVLA GOOGLE EMAIL ACCOUNT WAS EMAILED TO ALL FEEDER MIDDLE SCHOOL PARENTS EARLIER THIS MONTH FROM THE DISTRICT OFFICE
- ADDITIONAL DETAILS ABOUT NEW STUDENT REGISTRATION AND ENROLLMENT CAN BE FOUND ON THE [MVLA WEBSITE](#)
- STUDENTS MUST FIRST SET UP THEIR SIS ACCOUNT BEFORE SELECTING COURSES ([SIS LOGIN PAGE LINKED HERE](#))
- ALL COURSE REQUEST ENTRIES MUST BE INPUTTED IN SIS BY **FRIDAY, FEBRUARY 18**

COURSE SELECTION



Mountain View-Los Altos UHSD

English

Aeries
Student Information System

Email

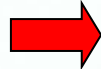
NEXT

Forgot Password?



Aeries Student

- Dashboard
- Communications
- Student Info
- Attendance
- Grades
- Classes**
- Medical
- Guidance
- Test Scores



Aeries Student

- < Classes
- Classes
- Course Requests
- Course Requests / Summer
- Course Requests Entry**
- Academic Plan
- Class History



Primary Course Requests

Filter Courses

Subject Area: Alternate Requests: Name or Nbr: Sh Area: Show All Courses Search

English	
Physical Education	
Social Science	
Mathematics	
Visual/Perform Arts	
Career Tech Arts	
Science: Life	
Science: Physical	
Health & Career Ed	
Computer Science	
World Language	
Electives	



Beg Drama (0331) X

Subject Area #1: Visual/Perform Arts

Type: Academic Course

UC Area: Visual and Perf Arts

CSU Area: Visual and Perf Arts

Request Primary Request Alternate

PLEASE SEE THE [INSTRUCTIONAL VIDEO](#) FOR A STEP BY STEP GUIDE ON COURSE REQUEST ENTRY

COURSE SELECTION

Primary Course Requests	
Subject Area	Alternate Requests
English	<input type="checkbox"/> IB Eng HL 1 (0316)
Physical Education	<input type="checkbox"/> Athletics (0090) <input type="checkbox"/> Beg Dance (0017)
Social Science	<input type="checkbox"/> US History Cp (0702)
Mathematics	<input type="checkbox"/> PreCalculus (0618) 2 Manage
Visual/Perform Arts	<input type="checkbox"/> Ceramics I (0104) 1 Manage
Career Tech Arts	<input type="checkbox"/> Yearbook (0352)
Science: Life	<input type="checkbox"/> Biology (0656) 1 Manage
Science: Physical	
Health & Career Ed	
Computer Science	
World Language	
Electives	<input type="checkbox"/> Tchr Aide (1500)

Alternate Course Requests	
<input type="checkbox"/> Anatomy/Phy CP (0678)	
<input type="checkbox"/> Trig/lcm Cp (0612)	
<input type="checkbox"/> AP Statistics (0634)	
<input type="checkbox"/> Beg Drama (0331)	

- IF REQUESTING POPULAR ELECTIVE CLASSES LIKE DRAWING I, ACTING I, OR INTRO COMPUTER PROGRAMMING, IT'S BEST TO SELECT AN **ALTERNATE COURSE REQUEST** IN CASE STUDENTS DON'T GET THEIR 1ST CHOICE
- MAKE SURE TO LINK THE ALTERNATE COURSE WITH THE PRIMARY COURSE BY CLICKING "MANAGE"

Manage Alternate Request Association
Primary Course Request: Ceramics I (0104)

Associate?	Course
<input checked="" type="checkbox"/>	Beg Drama (0331)
<input type="checkbox"/>	Anatomy/Phy CP (0678)
<input type="checkbox"/>	Trig/lcm Cp (0612)
<input type="checkbox"/>	AP Statistics (0634)

Save Cancel

STUDENTS SHOULD SORT ALTERNATE CHOICES IN ORDER OF PREFERENCE

WAYS TO GET INVOLVED AT LAHS



- LATINO STUDENT UNION
- BLACK STUDENT UNION
- MOCK TRIAL
- MODEL UN
- GENDERS & SEXUALITIES ALLIANCE (GSA)
- ODFL (ONE DOLLAR FOR LIFE)
- FRENCH CLUB
- FBLA (FUTURE BUSINESS LEADERS OF AMERICA)
- ROBOTICS
- SPEECH & DEBATE
- ATHLETICS
- 9TH GRADE CLASS COUNCIL
- PERFORMING ARTS



ATHLETICS AT LAHS

FALL	WINTER	SPRING
CROSS COUNTRY FOOTBALL B&G WATER POLO GIRLS' TENNIS GIRLS' VOLLEYBALL FIELD HOCKEY GIRLS' GOLF CHEER	B&G SOCCER B&G BASKETBALL WRESTLING CHEER 	TRACK & FIELD SWIMMING & DIVING BOYS' TENNIS BOYS' VOLLEYBALL BADMINTON SOFTBALL BASEBALL B&G LACROSSE GYMNASTICS BOYS' GOLF

- ALL TEAMS HOLD MANDATORY TRYOUTS FOR PROSPECTIVE PLAYERS
- ATHLETES ARE REQUIRED TO MAINTAIN AT LEAST A 2.0 GPA IN ORDER TO PARTICIPATE IN ATHLETICS
- STUDENTS MUST BE ENROLLED IN A MINIMUM OF 5 CLASSES TO PARTICIPATE IN SCHOOL SPORTS



RESOURCES ON CAMPUS

- **SCHOOL COUNSELING OFFICE:**
 - 7 SCHOOL COUNSELORS WHO MEET WITH STUDENTS ON THEIR CASELOAD ALL 4 YEARS
- **TUTORIAL CENTER:**
 - PEER TUTORS AVAILABLE TO HELP WITH NEARLY ALL ACADEMIC SUBJECTS
- **COLLEGE/CAREER CENTER:**
 - ASSISTANCE & INFORMATION WITH COLLEGE RESEARCH, CAREER EXPLORATION, ETC.
- **CHAC (COMMUNITY HEALTH AWARENESS COUNCIL):**
 - COUNSELORS AVAILABLE TO HELP STUDENTS WITH PERSONAL/SOCIAL/EMOTIONAL NEEDS
- **SPANISH TRANSLATION:**
 - JOSE SALAZAR – BILINGUAL COMMUNITY LIAISON & ELL SUPPORT

IMPORTANT DATES



- 9TH GRADE SIS REGISTRATION WINDOW:
 - **JANUARY 31ST - FEBRUARY 18TH**
- DISTRICT MATH NIGHT: **FEBRUARY 10TH**
- HONORS CONTRACTS DUE: **APRIL 6TH**
 - ACCESS HONORS CONTRACT [HERE](#)
- 9TH GRADE ORIENTATION: **1ST WEEK OF AUGUST**
- 1ST DAY OF HIGH SCHOOL: **AUGUST 10TH**





English

Margaret Bennett,
Coordinator
margaret.bennett@mvla.net





9th Grade English

**Most 9th grade students will enroll in
Survey of Composition and Literature**



9th Grade Survey (English)

Class size: 20:1 (Thank you, MVLA Foundation!)

Emphasis on CCSS (ELA Skills) as well as building community & helping students adjust to HS.

Overview of the year:

<ul style="list-style-type: none">• Short Stories and independent reading	How does your community influence who you are, your identity, your life, and who you decide to become? How does my life connect to the books that I read?
<ul style="list-style-type: none">• Literary Analysis of a common text (<i>The Book of Unknown Americans</i>)	How do the choices people make influence their lives and their communities?
<ul style="list-style-type: none">• Book Clubs and synthesis	How does what I am reading connect to real life? What is the author's purpose? How are themes and characters developed?
<ul style="list-style-type: none">• Reading NF articles and writing a persuasive speech- also independent reading	What issue are you willing to speak out about? How can you persuasively convey your point of view? What is the power of your voice?
<ul style="list-style-type: none">• Reading/Writing Workshop (Poetry and Independent Reading)	How can I use imaginative language powerfully? How can I best use my voice to convey my message?
<ul style="list-style-type: none">• <i>Romeo and Juliet</i> - with independent reading option.	How do the choices people make influence their lives and their communities?



9th Grade English

Survey Skills = 2nd English class for some students

A small number of students may also be encouraged to enroll in **Survey Skills** which is a second English class for students who need an extra class of English language support. The class focuses on literacy and language development (and not homework completion).

Students who will most benefit from the class:

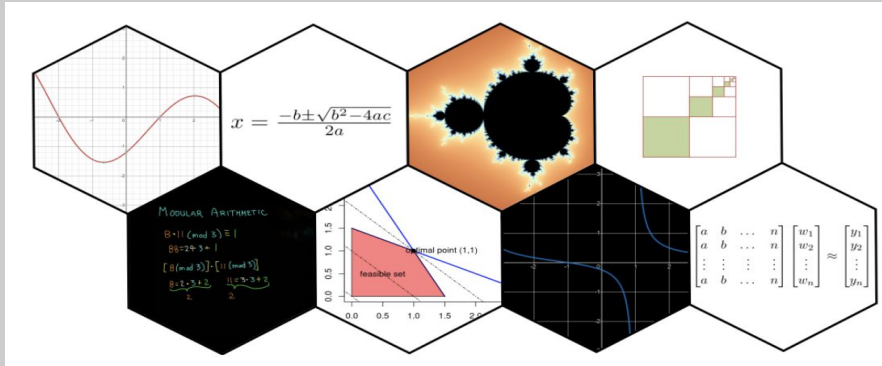
- EL students (English Language Learners)
- Students who struggle with academic English language
- Students who may struggle in Survey due to being below grade level in their English language **skills**
- Students who are willing to invest extra time and effort to improve their skills.

The Survey Skills class counts as an elective and is not an A-G course.



Mathematics

Laraine Ignacio,
Coordinator
Laraine.Ignacio@mvla.net





Mathematics

Current Class in 8th Grade

Math CC8 or
Math 8.0
(Pre-Algebra)

Algebra 1
Math 8.1
(Algebra 1)

Geometry or
Math 8.2
(Geometry)

Options for 9th Grade

Algebra I

Algebra I Enhanced (Algebra I with extra period for support)
+**Math Lab**

Geometry

Geometry Honors

Algebra II

Algebra II Honors



Science

Darren Dressen,
Coordinator
Darren.Dressen@mvla.net





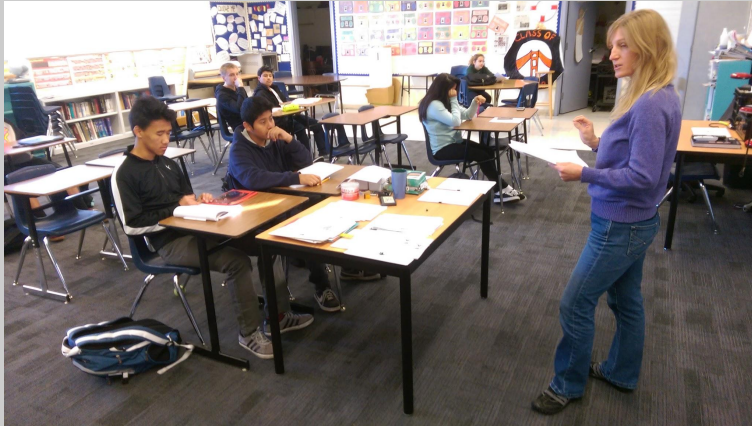
Science

- Environmental Science
- Biology
- Biology H



Social Studies

Derek Miyahara,
Coordinator
Derek.Miyahara@mvla.net





Social Studies

Ethnic Studies is a year-long social studies class for all 9th-grade students in the MVLA High School District.

Ethnic Studies interdisciplinary study of race and ethnicity, with an emphasis on the experiences and contributions of people of color in the United States.

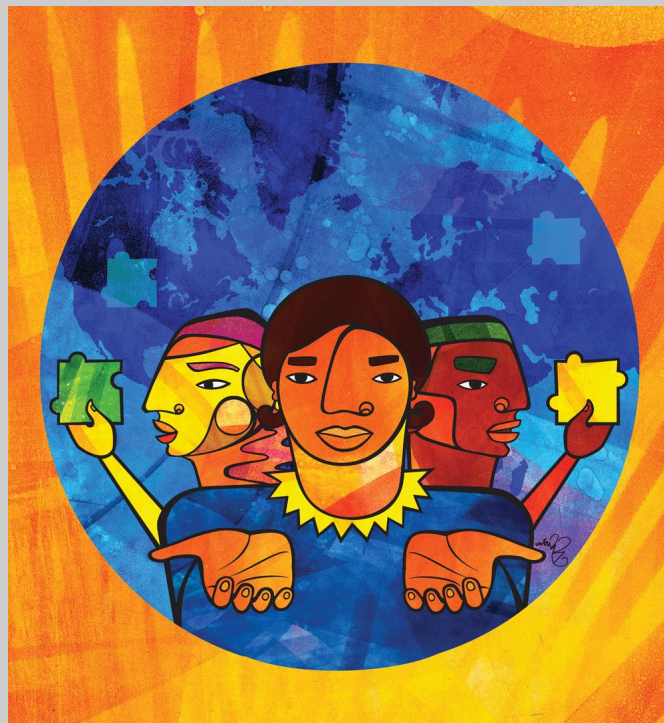




Social Studies

This year, parents will be able to select Ethnic Studies as an alternative to World Studies, although space in the course will be limited and some students might not be able to get the class.

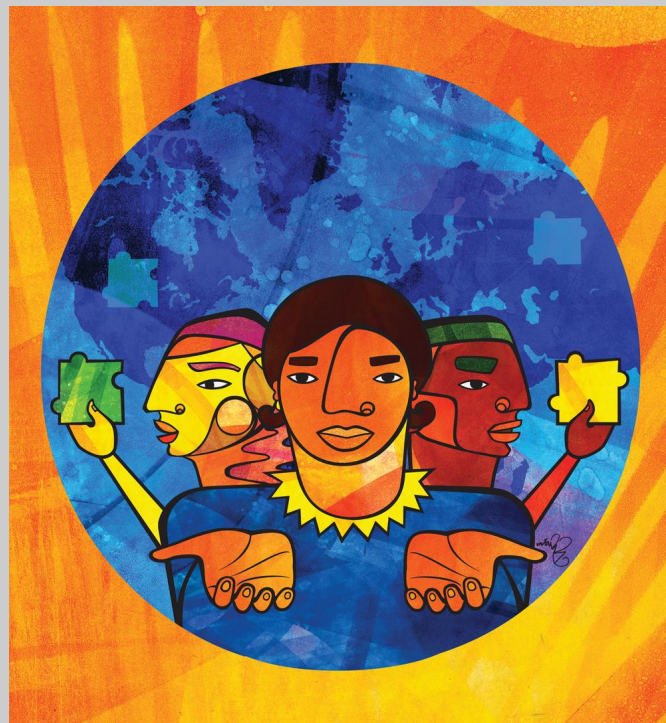
Students taking Ethnic Studies will have the option of taking World Studies, AP European History, or AP Human Geography in their Sophomore year.





Social Studies

Ethnic Studies teaches students about historical and contemporary movements for social change and ways to challenge racism and discrimination and positively transform their communities.





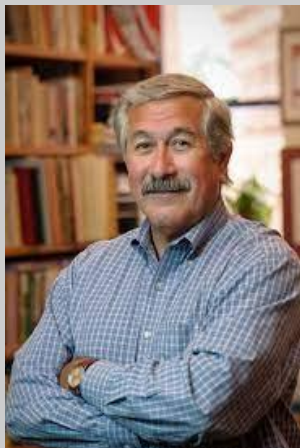
Social Studies



- **Who am I?**
- **What is the story of my family and community?**
- **What can I do to create positive change and bring social justice to my community & the world?**



Dr. Dawn Mabalon



Dr. Al Camarrillo



Social Studies

Ethnic Studies in MVLA

- Culturally responsive, inclusive, & nondiscriminatory
- Common Core Skills & Standards & Inquiry Based
- Opportunities to strengthen civic engagement
- Skills Preparation for AP Courses



World Languages

Antonio Murillo
Coordinator
Antonio.Murillo@mvla.net





World Languages

French

I, II, III, IIIH, AP Language

Contact: stephanie.fullen-safian@mvla.net

Latin

I, II, III, IV, AP Language

Contact: krista.greksouk@mvla.net

Mandarin

I, II, III, IV Honors, AP Language

Placement Exam: February 9 - 3:30 PM - 4:15 PM or 4:30 PM - 5:15PM

Contact: connie.chen@mvla.net

Spanish

I, II, II Honors, III, III Honors, Spanish III Honors for Spanish Speakers (heritage), Spanish 4, AP Spanish Language, and AP Spanish Literature.

Contact: antonio.murillo@mvla.net



Performing Arts

Nancy Moran - Coordinator
nancy.moran@mvla.net



9th Grade Performing Arts

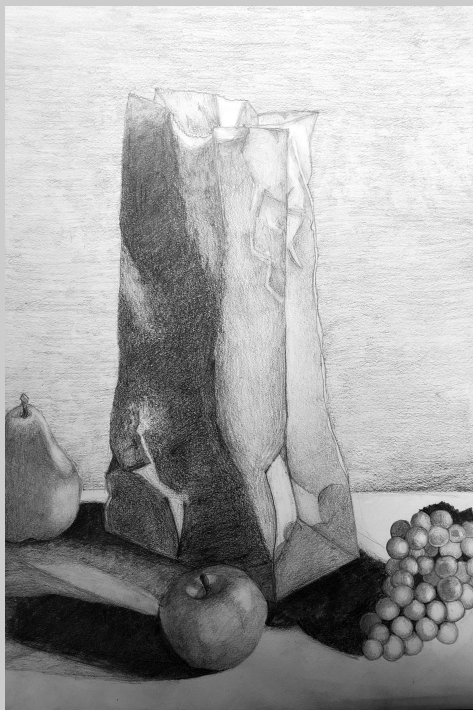
Instrumental Music	Marching Band Auxiliary Unit/Color Guard Concert Band/Symphonic Band Orchestra ted.ferrucci@mvla.net
Choral Music	Chorale Concert Choir (audition - contact Ms. Diez) lauren.diez@mvla.net
Drama	Acting I nancy.moran@mvla.net
Dance	Advanced Jazz Dance (audition required - contact Ms. Oliver) Elective or Fine Art credit <u>only</u> in 9th grade (must be concurrently enrolled in P.E.) april.oliver@mvla.net



Visual Arts

Jessica Hayes / Coordinator / jessica.hayes@mvla.net

Visual Arts Pathway - <https://classes.lahs.plus/d/visual-arts>

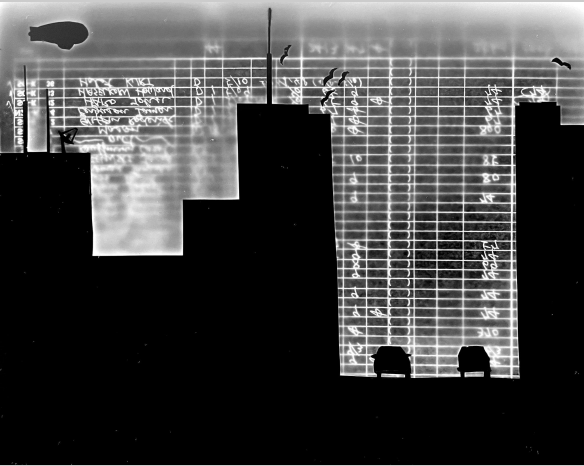




Visual Arts - Beginning Level Classes

Photography I (Film & Digital)

- Foundation of film & digital photography. 35mm SLR film & digital camera, darkroom & digital processing & printing techniques.
- Elements of art, principles of design through the study of the history of photography & contemporary photography.



Painting I

- Develop skills in various painting tools and media, including acrylics and watercolors.
- Elements of art, principles of design through the study of traditional & contemporary painting styles.



Drawing I

- Fundamentals of drawing skills
- Use of drawing knowledge & creative development.
- Elements of art, principles of design & art history relevant to each project.



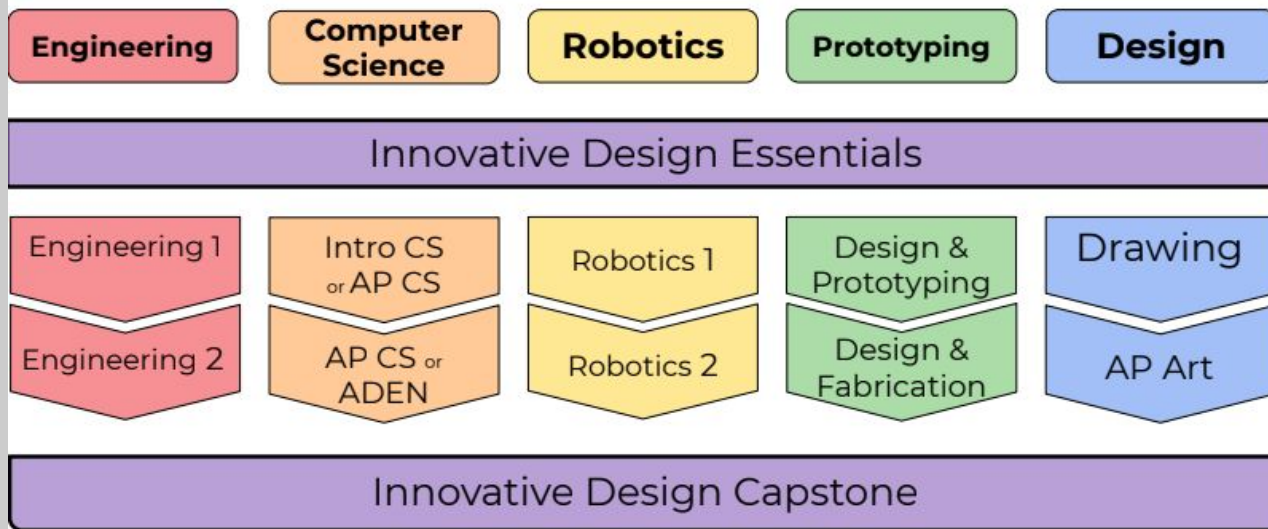


T.E.D.

Stephen Hine, Coordinator

Stephen.Hine@mvla.net

Choose Your Pathway





T.E.D.

Innovative Design Essentials

- *Design thinking process (Stanford d.school)*
- *How to apply engineering design skills to a real world problem*
- *How to design for someone else*
- *Prerequisite for senior Capstone*

Robotics 1

- *Become team members of FIRST Team 114 second semester*
- *Learn all technical skills related to robotics - CAD, coding, machining, assembly, electronics*

Culinary 1

- *Introductory culinary skills*
 - *Baking, cooking, meal prep, kitchen maintenance*
- *Get to eat your work!*

Introduction to Engineering Design

- *Engineering Design Process*
- *Technical Drawing*
- *3D Modeling in Autodesk Fusion 360*

Intro to Computer Science

- *Industry volunteers help in class and with curriculum design.*
- *Semester 1: Drag and drop*
- *Semester 2: Java*
- *Conditionals, loops, lists, functions, object-oriented programming.*

Design and Prototyping

- *Primarily 3D printing and laser cutting*
- *Design Process*
 - *Multiple design options*
 - *Evaluation of prototypes*



ELD

LAHS is excited to bring English Language Development courses back to our campus. We are currently reimagining this program with our staff.

Typical 9th Grade Pathways

EL Level 1

- EL Lit 1
- EL Oral 1
- PE
- Math
- World Studies SADIE
- Academic Support
- Elective
 - World Language
 - Science
 - Visual Art/Performing Art/STEAM

EL Level 2

- EL Lit 2
- EL Oral 2
- PE
- Math
- World Studies SADIE
- Academic Support
- Elective
 - World Language
 - Science
 - Visual Art/Performing Art/STEAM

EL Level 3

- EL Lit 3
- TBD
- PE
- Math
- World Studies SADIE
- Academic Support
- Elective
 - World Language
 - Science
 - Visual Art/Performing Art/STEAM

EL Level 4

- Survey
- Survey Skills?
- PE
- Math
- World Studies SADIE
- Academic Support
- Elective
 - World Language
 - Science
 - Visual Art/Performing Art/STEAM



Physical Education & Health

Jim Phillips-
Kiernan Raffo,
Coordinator
Kiernan.Raffo@mvla.net

Michelle Noeth,
Athletic Director
Michelle.Noeth@mvla.net





Physical Education & Health

9th graders should sign-up for two semesters of PE and their after school sport.

Students are required to complete 2 years (20 credits) of PE/Athletics in order to graduate.

Health is a one semester course, required for graduation, that most students take during their sophomore year.



FAQ





Registrar

Elena Baquero

<https://mvla-net.zoom.us/j/96933984793>



Special Education

Erica Starks

<https://mvla-net.zoom.us/j/96409301568>