



9th Grade Physical Education Exemption Request

Name: _____ Stu #: _____ Sport: _____ Level: F/S JV VAR

Physical Education Teacher: _____ Period: _____ Grade: _____

Counselor: _____

Student Athlete Contract:

As a member of a Mountain View/Los Altos High School Athletic Team, I am requesting an EXEMPTION from Physical Education class during my sport season. I understand I must attend Physical Education class until this form is completed and cleared by an administrator. I understand my **exemption term is from when the OFFICIAL rosters have been handed in to the athletic director until the last contest of the season for the level that I am competing.**

<i>Parent Initials</i>	<i>Athlete Initials</i>	When any of the following occurs, it is my responsibility to return to my Physical Education class immediately. Failure to do so may result in loss of credit or No Credit/failing the course.
		I quit the team.
		The coach dismisses me/cuts me from the team.
		I have completed my last athletic contest of the season.

Student Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Physical Education Teacher Signature: _____ Date: _____

Athletic Director Validation/Signature: _____ Date: _____

Administrator Signature: _____ Date: _____

******9th Grade Athletes requesting an exemption from Physical Education must be enrolled in 7 classes (one of which is Physical Education) plus participate in a CCS/CIF Recognized Sport.***

Data Entry

FALL SPORTS

Girls Golf: October 27, 2021
 Girls Volleyball: October 27, 2021
 Field Hockey: October 30, 2021
 B & G Water Polo: October 30, 2021
 Girls Tennis: November 5, 2021
 Cross Country: November 6, 2021
 Football: November 6, 2021

WINTER DATES

Wrestling: February 12, 2022
 B & G Basketball: February 15, 2022
 B & G Soccer: February 16, 2022
 Traditional Cheer: February 16, 2022

SPRING DATES

Swimming/Diving: April 30, 2022
 Boys Tennis: May 2, 2022
 Boys Golf: May 5, 2022
 Boys Volleyball: May 6, 2022
 Badminton: May 7, 2022
 B & G Lacrosse: May 7, 2022
 Track & Field: May 7, 2022
 Gymnastics: May 14, 2022
 Baseball: May 14, 2022
 Softball: May 14, 2022

I understand that as a one or two-sport athlete, the most credit I can earn will be 12.5 credits towards completing Physical Education credits. Three-sport athletes can earn 15 credits towards completing Physical Education credits.

Season	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Units
1 Sport Athletes					
Fall	5 Units Athletics	2.5 Units Opt Out PE Credit	Qtr 3 & 4 Combined 5 Units PE		12.5
Winter	Qtr 1 & 2 Combined 5 Units PE		5 Units Athletics	2.5 Units Opt Out PE Credit	12.5
Spring	Qtr 1 & 2 Combined 5 Units PE		2.5 Units Opt Out PE Credit	5 Units Athletics	12.5
2 Sport Athletes					
Fall & Winter	5 Units Athletics	2.5 Units Opt Out PE Credit	5 Units Athletics	0 Units Opt Out PE No Credit	12.5
Fall & Spring	5 Units Athletics	2.5 Units PE	0 Units Opt Out PE No Credit	5 Units Athletics	12.5
Winter & Spring	2.5 Units Opt Out PE Credit	Qtr 2 & 3 Combined 5 Units Athletics		5 Units Athletics	12.5
3 Sport Athletes					
	5 Units Athletics	0 Units Opt Out PE No Credit	5 Units Athletics	5 Units Athletics	15